

# Cruciferous Confetti Salad

Makes 4 servings

## What you'll need...

4-6 cups	rough chopped cruciferous veggies (red cabbage, kale, collards, cauliflower, broccoli, etc)
4-6	green onions, chopped
2	medium carrots, sliced
2	stalks celery, sliced
$\frac{1}{4}$ cup	extra virgin olive oil
3 tbsp	unpasteurized apple cider vinegar
1	clove garlic, minced
2 tsp	maple syrup
	salt & cayenne, to taste

## What to do...

1. In batches, chop all vegetables in food processor to similar texture. Transfer to large bowl.
2. Toss chopped veggies with oil, vinegar, honey and garlic. Season with salt and cayenne to taste.

## Notes...

- Use any bits and pieces of cruciferous veggies you have around. Red cabbage and broccoli make it extra fun!