

# Green Goodness Dip

Makes 2 cups

## What you'll need...

½ cup	raw cashews, soaked 4-6 hours, drained & rinsed
½ cup	water
2-4	kale leaves, stems removed
1 cup	assorted herbs (parsley, cilantro, basil, thyme, rosemary, tarragon, etc.)
3-4	green onions
1-2	cloves garlic, minced
2 tsp	apple cider vinegar
1 tsp)	raw honey or maple syrup
1 tsp	sea salt
¼ tsp	turmeric
1/8 tsp	black pepper

## What to do...

1. Blitz everything together in a food processor or high speed blender.